



Kingsway Roos Newsletter

#1 - 1st May 2024

Calendar of Events

MAY

3rd/4th Game 2
10th/11th Game 3
17th/18th Game 4
24th/25th Game 5

JUNE

7th/8th Game 6
14th/15th Game 7
21st/22nd Game 8
28th/29th Game 9

JULY

5th/6th BYE
12th/13th BYE
19th/20th Game 10
26th/27th Game 11

AUGUST

2nd/3rd Game 12
9th/10th Game 13
16th/17th Game 14
23rd/24th Game 15
31st Semi Final

SEPTEMBER

7th Prelim Finals
14th Grand Final



President's Report:

Hello 2024 Winter Season!

Welcome to our 5 wonderful teams of NetSetGo-ers! It was so great to see another generation of Roos take the court on Friday night.

I want to take this opportunity to thank the committee for the mountain of work that went into getting everything ready for the season. Thanks Trish for supporting 111 members to register. Thanks Steph for kitting out every last one of them. Our thoughts are with KP the VP who went down on Saturday with a knee injury. We wish you a speedy recovery!

Thanks to everyone who came back to the club on Saturday! It was so great seeing so many of you there.

Look after yourselves, be kind and GO ROOS!

-Sarah

Kingsway Roos Netball Club acknowledges the Traditional Owners of this land, the Whadjuk people of Noongar nation. We acknowledge their enduring and sacred connection to the land, seas, skies and community. We pay our respects to their elders past, present and future, and leaders emerging.

A special thanks to our sponsors:



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Match Reports

ROOS 1

Player of the Match: Suraya Bell

We came up against our scratch match buddies from the Northern Panthers, few nerves to kick off the season, but we took the first 5 mins to settle into the game, and boy did we settle alright.

Our amazing defence, Darri & Libby, absolutely dominated the shooters, they could not get the ball in high or low, and we were told the GS did not even touch the ball once in the 3rd qtr... Well done ladies!

Jess is always solid in WD, she niggles & tags at her opponent all game and comes up with a few spectacular intercepts to win back the ball...

Kelsey started the season in WD and moved her into WA for her speed and what an amazing 3 qtrs she had. Kels flew at everyball, beautifully fed into the shooters and worked her angles & clearing well with TD...

Danika kicked off the season in WA, but we moved her into GA to settle the shooting end, and she did not disappoint, working well with Suraya they smashed the Panthers defence.

Khya Started in GA, she moved beautifully with Suraya in the first qtr, she came off for a break and came back stronger than ever in the last qtr, hitting her shots and demanding the ball with confidence...

And lastly our Player of the Match - Suraya what an incredible game you had. Outsmarted the defenders, no matter where we placed the ball up high down low, she got every ball. Your movement was sensational and you amazingly, certainly have your confidence back girl.

Super Proud of everyone this week, we had FUN, we worked together as a team, we gelled, we backed each other... Let's keep it up ladies, we know what our end goal is.

Roos 1 def Northern Panthers 1 51 - 22

ROOS 2

Player of the Match: Belinda Glavovic & Jonelle Power

Going in undermanned and with a fair few fresh faces together we were a bit concerned with what we might produce this week. Credit to all who took court we threw it together well.

Thanks doesn't even come close to the gratitude we have for our Super subs Claire, Jenna & Bella all holding strong and slotting in perfectly to the mix.

Started off strong not taking too long to work each other out, Belinda releasing Jonelle's usual defensive control reins and helping her to play her run free game style while still getting back in that circle when the time called for it.

T & Jenna popping their shots up early and Claire, Bella & Jess moving the ball quickly through mid court.

In the 3rd quarter Carine made an worrying change with a tall and strong option being thrown into their shooting circle which proved to create a little wobble but everyone held strong and Bel & Jonelle had absolutely no issues working out the new approach to her size and ability.

Looking forward to having Izzy & Tahlz start up with us next week creating run through the mid court, onward for a ripper season ahead with our Roo Girls

Roos 2 def Carine 1 40 - 29

Match Reports

ROOS 3

Player of the Match: Martena Lawson & Jesse Emslie

With only 4 players from our regular team available, we are sending a big thank you to Erin, Ash and Sharni for filling in for us this week - a special mention to Sharni who played two full games on Saturday!

We did a great job to only go down by 6 at the final whistle. Diana was a menace in defence, Martena had great pressure and feeding into the circle and Ash and Jesse slotted back into shooting together, with Jesse especially sinking some long bombs!

We were really happy with the outcome but are even more excited to have the full team together next week.

Roos 3 def by Norther Raiders 5 43 - 49

ROOS 4

Player of the Match: Bec McHenry

Not the result we wanted but a great game nonetheless. We went in knowing we had a tough game on our hands versing a Sorrento Saints side we are all too familiar with.

The commitment of the girls in Roos 4 has been amazing. Consistently showing great numbers at training and having all 9 players available for the first game. Training had proven undeniably beneficial as defence worked seamlessly together, mid court moved the ball beautifully down the court, and shooters working as hard as ever against some tough opponents. New combinations were tested and trialled as the team has so many great position rotations available, in all areas of the court.

We take away many positives and learnings from this game. Shoutout to Bec for Players Player this week. An outstanding game in defence.

Roos 4 def by Sorrento Saints 5 28 - 38

Match Reports

ROOS 5

Player of the Match: Matisse Thompson

In a highly anticipated return to the netball court, Roos 5 secured an impressive 10-point victory in their first game back.

Right from the opening whistle, the players showcased exceptional skill and determination, engaging in a back-and-forth battle for the points. The first quarter ended in a draw as both teams strived to find their rhythm. The second quarter proved to be a standout performance for Roos 5. Led by sharp shooters Jade and Sam, and aided by precise passing from Matisse and Millie, the team dominated the scoreboard with numerous goals. The girls demonstrated exceptional teamwork, coordinating their movements flawlessly down the mid-court and utilising every player on the court to their advantage. Defensively, Katie and Lucy applied relentless pressure, securing numerous rebounds, while Bella's interceptions were too numerous to count. This stellar effort resulted in Roos 5 taking a lead into halftime.

As the game progressed into the third and fourth quarters, the intensity may have waned slightly, but not for Matisse, who was named player of the match. Her relentless energy propelled her to outpace her opponents, securing crucial intercepts and setting up scoring opportunities. Despite fatigue setting in and the warmth of the court, every player fought tirelessly to maintain possession and create scoring chances, ultimately securing a well-deserved victory for the team.

Roos 5 def Steelers 12 42 - 32

ROOS 6

Player of the Match: Courtney Carr & Abbiegayle Feather

The first game of the season started off with a bang for us as we had poor Kayla get injured and carted off to Joondalup Hospital within her first couple minutes of play and then we also lost our umpire shortly into the third quarter.

Despite this, the team really pulled together without our coach. Whilst we didn't win, it wasn't for lack of trying as Chloe and Abbiegayle had some really great plays in our goal circle with some amazing shots! Up at the other end of the court, Courtney and Daelin were absolute machines and forced the opposition's GS and GA to work like crazy for every shot.

Our midcourt was handled very nicely by Shanelle, Christina and Sharni who brought some explosive energy and kept that ball moving!

Overall, it was very clear that we have the makings of a great team and have our fingers crossed that Kayla won't be off the court for too long!

Roos 6 def by Steelers 13 19 - 30

Match Reports

ROOS 7

Player of the Match: Bridget Byrne

As the 2024 season kicked off our team debut its new look, featuring a lineup with plenty of new faces. With this significant facelift, we were eager to see how we would come together. The outcome wasn't what we hoped as ECU came in strong and dominated, being far too good for a lower division. It took a bit of time for us to get used to our new teammates, but once we found our rhythm, we started to have some good passages of play. We rotated positions to work out our best options and everyone worked hard. Tara was like a bolt of lightning on the court, showing off her agility and speed. Carlene brought her fiery energy, hustling non-stop to snatch those crucial deflections and interceptions, really making a difference in defense. Emma was the reliable backbone of the team, consistently offering solid support in the midcourt. Trish was a force to be reckoned with, excelling in both GS and WA positions, demonstrating her adaptability and smart game sense. Tracy left us in awe with her incredible long-range shots, scoring some jaw-dropping goals from a distance. And Bron, well, she held her ground in shooting, but we might need to work on her footwork a bit! Bridget stole the show wearing the new shorts option uniform, the freedom lead her to having an outstanding game, earning herself player's player. Her versatility was a game-changer as she seamlessly transitioned between positions, reaching out with her long arms for rebounds, interceptions, and shooting goals.

As the season progresses, we're confident that our team will continue to gel, grow and strengthen our chemistry on the court. Watch out, because this season is just the beginning of our journey!

Roos 7 def by ECU Jets 2 19 - 56

ROOS 8

Player of the Match: Briana Guest

First game of the season and we were not sure what to expect but with our amazing defence Siphwe, Michelle and Shazade who made sure we put on the pressure with Briana doing an awesome job in centre covering everywhere and working with our shooters Bronwyn and Summer to give us such a strong lead in the circle.

We had Vanessa join the circle in the third quarter and helped us win 29-27 against the coastal Sparks.

Roos 8 def Coastal Sparks 4 29 - 27

Match Reports

ROOS 9

Player of the Match: Shannen Gilham

This team has seen scores like this last season, but only on the losing end!

We are glad to welcome Shannen to our team to complement our also-great-but-forced-into-it-and-had-to-learn Megan, both putting up shot after shot with little chance for rebounds for Whitfords.

First quarter Ally got confused and thought we were playing for a Commonwealth gold medal rather than div 18 opening round, so a change up in mid court second quarter brought the pace back slightly and gave the rest of us the chance to get through the game without keeling over. Jo's never-fail defence was backed up by Beth who, despite being hot property, Roos 9 managed to lock in for an SGV.

Mid court was rounded out by Kristina, always leaping on through when you need her and Emma with her ability to read the court and be where she's needed. Most importantly there were lots of laughs, with even Whitfords players commenting it was a fun game. Phew, first game done!

Roos 9 def Whitford Warriors 6 58 - 14

ROOS 10

Player of the Match: Saige

The girls started off this season playing Marmion, a very experienced and older team.

The girls held up well in the first quarter against them. There was some very beautiful plays down the court and awesome defensive efforts from everyone one. Unfortunately Marmion was just a stronger side but I am so very proud of the team for their consistent effort throughout the game!

The attitude was great throughout all quarters and can't wait for next week!

Roos 10 def by Marmion 1 25 - 49

Match Reports

ROOS 11

Player of the Match: Charlotte

In their debut match together, Roos 11 displayed tenacity and determination. Despite the result of a 13-6 loss against Padbury Catholic, their defence across the whole court shone, creating numerous turnovers and showcasing remarkable teamwork.

The standout performer was Charlotte L, whose outstanding defensive skills and pressure on the opposition's shooters, played a crucial role in keeping the game competitive.

Though it was a tough start, the team's potential is evident, promising an exciting journey ahead in the season.

Roos 11 def by Padbury Catholic 4 6 - 13

ROOS 12

Player of the Match: Scarlett

An amazing performance from Roos 12 this week in their first game at a new club.

The girls worked tirelessly in the first half before looking pretty tired in the second half, but still managed to maintain pressure and get the ball back to our attack end again and again. They worked fabulously together, with everyone listening to feedback from their coaches.

Player of the game went to Scarlett, for her superstar defending.

Roos 12 def St Anthony's 3 7 - 1

ROOS 13

Player of the Match: Emma

Friday night was our first game as part of the Kingsway Roos Club, it was fabulous to see the girls in their new dresses and big smiles ready to take on the 2024 season.

The team have all been practicing really hard at training (and at home) which showed on the court. Their defence was on fire and they each found their space creating the opportunities for them to take home the win.

Our award this week goes to Emma for her outstanding efforts at leading for the ball and finding her space on the court.

Roos 13 def Ellenbrook Eels 7 8 - 5

Match Reports

ROOS 14

Player of the Match: Harper

Roo's 14 started the season amazingly with a 19 to 1 win over Greenwood. The girls did an amazing job, working together to get the ball to our shooters.

Special mention to our defenders, who stopped almost every ball from making it into the goal hoop. We are so proud of them.

Roos 14 def Greenwood 24 19 - 1

ROOS 15

Player of the Match: Aria

The tiniest Joey's had their very first ever game of netball against Padbury Catholic Primary and oh what a delight it was to watch! It was a spirited performance that left spectators cheering with delight. At the starting whistle there was excitement, nerves and chaos, the early moments saw a flurry of activity as the players learned to navigate the court, their eagerness to engage was obvious.

Passes flew in all directions, and there were moments of uncertainty. While the start was chaos the penny eventually started to drop and everyone began to figure out what to do. The ball looped its way up and down the court and a few goals were scored by both teams.

This week Aria was awarded the coaches award. She had a fantastic game, she encouraged her team mates and showed determination and confidence on court.

Coaches, Saige and Grace have created a supportive environment where everyone feels empowered to give their best and it was a fun, energetic and memorable first game. We are all looking forward to seeing the team grow in confidence and skill over the season.

Roos 10 def by Padbury Catholic 9 3 - 5