



Kingsway Roos Newsletter

#2 - 7th May 2024

Calendar of Events

MAY

10th/11th Game 3
17th/18th Game 4
24th/25th Game 5

JUNE

7th/8th Game 6
14th/15th Game 7
21st/22nd Game 8
28th/29th Game 9

JULY

5th/6th BYE
12th/13th BYE
19th/20th Game 10
26th/27th Game 11

AUGUST

2nd/3rd Game 12
9th/10th Game 13
16th/17th Game 14
23rd/24th Game 15
31st Semi Final

SEPTEMBER

7th Prelim Finals
14th Grand Final



President's Report:

Congrats to the teams who came away with a win on the weekend! For those who came second, remember that it's still grading and teams are still learning how each other work.

The club doubled in size in 2021 so get ready for lots of game milestones this season! As the club goes into its 15th year, we're not so young and small anymore, let's remember the legacy that was created by the people who came before us. Kingsway Roos Netball Club is where friendships are formed and enjoyment is key.

We love seeing family and friends cheering on their Roo Girls, supporting them. Please remember that you are responsible for your spectators and they must also uphold the code of conduct that you agreed to when registering with Roos. Spectators must not interfere with the game. This includes respecting officials, good sportsmanship and staying behind the yellow lines so as not to endanger the umpires.

Here we go for Game 3! Go Roos!

-Sarah

Kingsway Roos Netball Club acknowledges the Traditional Owners of this land, the Whadjuk people of Noongar nation. We acknowledge their enduring and sacred connection to the land, seas, skies and community. We pay our respects to their elders past, present and future, and leaders emerging.

A special thanks to our sponsors:



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Match Reports

ROOS 1

Player of the Match: Libby Bartlett

For our third season now, we have come up against our frienemies in Paua Rose but this time, there were only three players that we've played before. With our full eight going into today's game we wanted to remind them of what we are made of and blow them away in the first quarter which we absolutely succeeded with an 11 - 3 start. Our starting 7 consisted of Suraya as GS, Khya as GA, Kelsey as WA, TD as C, Jess as WD, Libby as GD, and Darri as GK. With such a strong start, we wanted to trial some different combos so we slotted Danika into WA to see her connection with our shooters. Another impressive quarter with Paua Rose putting their foot down a little, scoring 7 to our 12, pushing us to a 13 goal lead going into half time.

Our next big change in the game was getting our energetic bunny of a WD to go into C and let our crazy fit mumanger take a break which isn't a usual change for us but you wouldn't have known because boy oh boy it was a seamless transition. We always say our third quarter is our winning quarter which we proved right by winning this quarter 14 to 5. Final quarter, we wanted to give our moving circle a run with Khya going GS, Dan in GA, and Kels in WA and my goodness, they are great to watch, easily shaking off their defenders, dodging here, there and everywhere. Our other big change which was a nice throwback was Suraya going back into GK and combining with Libby and Jess in the defensive end and only allowing Paua Rose to score 2 goals for the whole of the final quarter. Coming a way with a 33 goal win, Roos 50 to Paua Rose 12.

Overall summary, it was a great day for our team! Building on everything we've been working on as a team, great communication, great full court defense, great smart plays, and to match our word of the week, GREAT HUSTLE! Shoutout to our Player of the Match, Libby Bartlett, for a terrific game, being a part of everything. She was amongst it all, ever the other team passed her the ball! :P

Roos 1 def Paua Rose 1 50 - 17

Roos 2 welcomed 3 Leah, Tahlia & Izzy to our side this week.

Was great to have 7 of our 8 together and starting the working out process.

It was confusing at times and we most certainly got tired, but some great signs to come out for what's to come.

First half showed smooth ball movement from defence through middle with a little getting used to happening from mid to attack we eventually found our groove and things looked good for the first 3 quarters we can be proud of what we achieved; Leah's holds, Tiana's drives, Tahlz with run and direction, Izzy taking every order thrown at her and learning every step of the way, Jonelle powering through an injury and Bel showing us she is a general back their in the circle guiding us all again this week.

Come the 4th unfortunately tired legs and bodies led to some silly mistakes leading Landsdale to over take our score and pip us in the end by 3 goals.

I definitely speak for myself but think I speak for all in saying Kasey will be welcomed to the mid court with open arms next week for her 1st game of the season.

Another game of getting to know each other on court and forming a team bond.

Roos 2 def by Landsdale 1 33 - 36

ROOS 2

Player of the Match: Belinda Glavovic & Jess Kinnon

Match Reports

ROOS 3

**Player of the Match: Kaitlyn Myles,
Martena Lawson & Jayde Baker**

It was a hard fought match this week going down to Venetians 7, 46 to 29.

The players player this week was tied between 3 players, Kaitlyn, Jayde and Martena.

Our team are finding there feet and will improve so much more further we get into the season.

The day started pretty cool and I don't think we were prepared for the temperature at game time.

There were times during the game where we had great transition work which was so good to see.

We will have a full side next game. So looking forward to what more we can do.

Roos 3 def by Venetians 7 29 - 46

ROOS 4

Player of the Match: Isobelle Clark

After last week's defeat we were ready to tackle our next opponents, the Venetians. The team were well aware that it was going to be a tough game and it proved to be exactly that.

The first three quarters were well fought by Roos but Venetians got on top with a 9-goal advantage. What happened in the last quarter was quite extraordinary.

The defensive intercepts & rebounds were unbelievable. Creating a lot of offensive opportunities which was well taken advantage of.

The ball was moved swiftly and securely down the court by defence, mid court and the shooters. All working well together in order to close the gap. Fitness proved as strong as ever with a dominating fourth quarter. Getting us over the line with a one goal victory.

Credit to Izzy the matches Players Player. She led from the front - running nonstop, intercepting often, and feeding beautifully.

Roos 4 def Venetians 9 31 - 30

Match Reports

ROOS 5

Player of the Match: Katia Pirozzi

Roos 5 came up against a strong team (Greenwood) in the competition this weekend. We were missing 2 of our players and had a SGV.

Although we didn't come out with a win, it was pleasing to see some nice plays across the whole court.

My favourite part of the game was shutting down the centre passes and getting the opposition team called for 6 breaks. Well done Katia for being voted player of the match, she was a key player bringing the ball down the court re offering multiple leads.

We will continue to bond as a team and work on our team/ individual goals, and hopefully take home the win next time we verse Greenwood.

Roos 5 def by Greenwood 1 31 - 46

ROOS 6

Player of the Match: Courtney Carr

Not a great result this week but, now that our coach has had the chance to review the full game, this was a perfect opportunity to see where we can improve. We knew this would be a tough game if we couldn't slow the play down and unfortunately we fell into the trap of pushing too fast up the court and losing the ball. Safe to say our training will be focused on midcourt in the coming weeks and Coach Kayla will have us doing some burpees for those intercepted lobs!

It wasn't all bad though as we really saw our attackers and defenders show us what they've got! Abbiegayle and Chloe weren't too confident to take the shots at first but they really started to come through and find their groove in the end. It is no surprise to anyone else on the team that Courtney was our player's player this week. Whilst we had the amazing Bridget come and fill in for us, Courtney was working overtime and absolutely on fire for our defense. It was also great to have La-Toya with us this week, who really helped stabilise the midcourt in those last two quarters.

Overall, a great learning opportunity for us and we're still early enough in the season to improve and bring it back!

Roos 6 def by Genesis 1 17 - 59

Match Reports

ROOS 7

Player of the Match:

No calls for offside.... Candice.
Everyone's raised eyebrow.
Terrific work from shooters Bron & Bridget.
Broken wrist of opposition.
Altogether now 'Roos on 3'.
Laughs from Tracy's sideline commentary.
Legs for days from Trish.

Tara on fire, on all cylinders the whole game.
Hello Carleen in defence!
In solid form, Emma in C and everywhere.
Never a dull moment.
Good sportsmanship from everyone.
See ya next week.

Roos 7 def by Landsdale 3 34 - 43

ROOS 8

Player of the Match: Bronwyn Roberts

We were a little nervous heading into the game without our defender Siphwe.

It was very hot and a tough first quarter, Briana did a fantastic job in Centre and our defence worked hard to bring back the ball to our half and keep up the pace. Vanessa and Ashley worked well in the circle and Shazade, Bronwyn and Summer were excellent changing positions and feeding the ball well.

Roos 9 played hard and fast and with an amazing team effort we managed to score 29/43.

Roos 8 def by Roos 9 29 - 43

Match Reports

ROOS 9

Player of the Match: Emma Arnott

Derby day! It was a warm one for our clash against fellow Roos, team 8.

We welcomed our two young guns in their first game of the season with Allannah in defence and Hayley in midcourt.

Our shooting duo Shannen and Megan put us in a great position by the end of the first quarter, assisted by Ally once again all over the court with nothing and no one allowed in her way.

Team 8 made a comeback in the second quarter but our never-fail GK Jo proved too good.

Emma had a turn at every position on the court, running at whatever she's asked and earning her a well-deserved player of the match title.

Roos 9 def Roos 8 43 - 29

ROOS 10

Player of the Match: Dani

Second game back for the season wasn't the easiest for our girls, but nonetheless they pushed through as always.

Their first quarter against Steelers had a slow start from both teams but ended in some amazing displays of netball, the girls held a fast pace and worked hard to iron out kinks in their play and it came across really well on the side line.

During training on Thursday the team worked on ways to avoid crowding and making sure space was always spread across the court, this came across beautifully in our game this week as everyone on the court became much more aware of their spacing and distance which made their plays so much smoother and more professional.

Coming up against a physically bigger and older team is always a challenge, but roos 10 fought through till the end, keeping energy high and using the opportunity to test out new techniques and combinations that we will be sure to use again in the future.

Unlucky this week girls, but let's smash em next week!!

Roos 10 def by Steelers 17 24 - 46

Match Reports

ROOS 11

Player of the Match: Alexia

Roos 11 secured a solid victory against Glengarry with a final score of 7-2.

Collectively our team worked hard, effectively blocking Glengarry's attempts to score, making it difficult for the opposing team to find openings and forcing turnovers.. Alexia stood out as the best player, leading the team to success with her exceptional performance in defense, playing a crucial role in stopping numerous scoring attempts, contributing significantly to our team's success.

Well done girls on an incredible effort.

ROOS 12

Player of the Match: Henley & Maeya

Another solid effort from Roos 12 this week. We welcomed back Adriana and Maeya this week, playing as a full team for the first time.

Shooters Henley and Scarlett worked beautifully together in and out of the circle, well supported with some amazing feeds from Eleanor. Ivy and Adriana shared the C bib and were everywhere, putting their training into practice. Ella and Skye worked hard shutting down Woodvale's attack end while Maeya turned over ball after ball in WD.

Henley's efforts in shooting and Maeya's quiet but efficient work in WD won them both awards as players of the game.

ROOS 13

Player of the Match: Audrey

There were some tired girls this week after a BIG day at the school cross country however they brought their enthusiasm to the court on the night and gave it their all ! Perhaps meeting their idols - The West Coast Fever gave them the extra boost.

It was a challenging game against a solid team and the girls kept up the pressure the whole match. Although we were defeated by Lake Gwelup 8-5 I know that after some much needed rest and recovery this week the girls will come back stronger and more determined this week.

Well done !

Match Reports

ROOS 14

Player of the Match: Savannah

Another great game from our amazing year three's this week beating Mindarie in a much closer, hard fought win. The girls are really starting to work well as a team and all that throwing practice is paying off.

It was wonderful to see the girls with their hands up and defending the space, making sure they were chasing any loose balls.

Our player of the game was Savannah this week, her star performance in defence ensured that the other team was not able to score a single goal. Special mention to Kiani for her first game with her new team and her amazing work in GK.

We are so proud of the girls efforts this week and can't wait to see how our next game goes.

ROOS 15

Player of the Match: Devon & Eve

The Baby Joeys displayed their progress and resilience in the second game of the season against Genesis.

Right from the opening whistle, you could see the improvement in everyone from their first game. Emily scored an early goal, and the Roos remained in the lead for most of the game until Genesis had a lucky streak in the final quarter.

Despite Genesis's attempts to maintain fixed positions, the Joeys showed their flexibility and ability to excel wherever they were needed on the court.

The girls all displayed tenacity for the ball, especially this week's player of the match, Paige. She was determined to win the ball and pass it on accurately. Devon and Eve also received coach's awards for not giving up and having a great game.

Overall, it was an exciting game highlighting the team's growth and promising future